

Technique		
Kicking	Chagi	차기
Front raising kick(Stretch kick)	Ap Cha Oligi	앞 차올리기
Inside(Outside) Crescent kick	An (Bakkat) Hurigi	안(바깥) 후리기
Axe Kick	Naeryeo Chagi	내려차기(찍어 차기)
Push kick	Mileo Chagi	밀어차기
Front kick	Ap Chagi	앞차기
Round house kick	Dolryeo Chagi	돌려차기
Side kick	Yeop Chagi	옆차기
Target kick	Pyokeok Chagi	표적 차기
Turning side kick	Momdollyo yop Chagi	몸통 옆차기
Junmping two front kick	Dangsung Chagi	뛰어 앞두번차기(당성차기)
Junping front kick	Ttwui yeo Ap Chagi	뛰어 앞차기
Jumping roundhouse kick	Ttwui yeo dolryeo Chagi	뛰어 돌려 차기
Jumping side kick	Ttwui yeo Yeop Chagi	뛰어 옆 차기
Jumping back kick	Ttwui yeo Dwi Chagi	뛰어 뒷 차기
Double roundhouse kick	Narae Chagi	나래차기
Double side kick	Geodyup yop Chagi	거듭 옆차기
Back Spinning hook kick	Dwi Dollyo hooryo Chagi	회축 차기(뒤돌려 후려차기)
Back kick	Dwit Chagi	뒷 차기
Front Hook kick	Ap Huyro Chagi	앞 후려차기
Tornado roundhouse kick	Mom dolryeo Chagi	몸 돌려 차기