

BELT TEST APPLICATION FORM

SUBMIT THIS FORM NO LATER THAN 2 DAYS BEFORE THE TEST DATE

Name:		Age:	Age: Test Date:					
C U B R E E L E T N T	Little Tigers Level 1 Level 2 Level 3 Level 3	Grad Grad Grad	N B E E X L T T					
Phone number: For six years and younger only								
Paren	t/guardian signature:		Mom's birthday / (mm/dd)	Dad's birthday / (mm/dd)				
Please answer the following questions								
 PARENTS: Please choose any improvement(s) since your child began practicing Taekwondo.Please explain. (a) Self Awareness (b) Body strength & postures (c) Good attitude & Respect (d) Motivation (e) Empathy & Social skills (f) Self-control & regulation (g) Other PARENTS: Does your child have any of the following issues outside of the Dojang? Please explain. (a) Self-control & regulation (b) Poor study habits (c) Lack of confidence (d) Abuse at school (e) Weak body and stamina (g) Other STUDENTS: Do you have any questions or requests to the instructors? Do not write below this line 								
cal	Basic Punching	A B C Retest	esult: Pass Retes	t				

Physical & Technica	Basic Punching	Α	В	L	Retest	
	Basic Kicking /Sparring Steps	Α	В	С	Retest	Commonte:
	Poomsae & Hand tech	Α	В	С	Retest	Comments:
	One-step Sparring	Α	В	С	Retest	
	Combination Kicking	Α	В	С	Retest	
	Breaking	Α	В	С	Retest	
Mental	Ki-hap	Α	В	С	Retest	
	Discipline & Focus	Α	В	С	Retest	Examiner Signature:
	0 & A	Α	В	С	Retest	